

AN IMMIGRANCE IN WESTERN CANADA.

Indian Reservations and Other New Districts to Be Opened Up This Year.

In the Great Saskatchewan Valley and the Fertile Plains of Assinibola.

To the Editor, Dear Sir: The past three or four years have demonstrated to a large number of Americans the value of the grain-growing and ranching lands of Western Canada. Tens of thousands have taken advantage of the offer made by the Canadian government as well as of the exceedingly low prices asked for lands by the railway, colonization and other companies. The experience of those who have been settled there for some little time is of a highly gratifying character. So much so that the Canadian government, who has control of the immigration into Western Canada, has decided to open up some new districts this year in the well known Saskatchewan Valley and also in the fertile plains of Assinibola. These districts are probably the most productive in the entire West and in close touch to largely settled communities as well as being situated on some of the most important lines of railway. They are within easy reach of markets, schools, churches and other social advantages. In some of these districts lands may be homesteaded as well as purchased outright at very low prices. Now as to what can be done on these lands. The evidence of the settlers in the neighborhood of the lands now about to be opened for settlement (some of them being located in one of the best Indian Reservations) goes to show that the very best results have followed even most indifferent methods. Cases are given where farmers having gone there with most limited means, barely enough to erect a small house and break up a little land, have in three or four years time become prosperous, all debts paid and money in the bank. The soil in the districts mentioned, Assinibola and Saskatchewan, is a rich black loam, fifteen inches to three feet deep. As a settler says, "it appears like the accumulation of decayed vegetation and ashes for centuries (the sub-soil is a stiff, putty clay)." On this soil it is possible to raise from 40 to 50 bushels of wheat to the acre, oats 75 to 100 bushels, all of which bring good prices at the local market. For mixed farming these new districts are probably among the best in Western Canada. Stock fatten easily on the wild grasses. Hay is plentiful, and prices splendid. Another settler writing to a friend in Iowa says: "The climate is all that could be desired, plenty of rainfall in summer, with no hot, dry winds. On the 25th of September I saw prairie flowers in full bloom, sweet corn, potato and tomato vines that had not been touched a particle with frost, and the winters are milder than those in the State from which I came. After the holidays the winter sets in clear and cold, with plenty of snow for good sleighing; no high winds or blizzards are known. Horses live out all winter and pick their own living, while cattle live all winter in open sheds and around the hay racks. Wheat, oats and barley are the principal grain crops. Potatoes and all other roots and vegetables do well, the yield being enormous as compared to those in the States. Wild fruits, such as strawberries, raspberries, cranberries, gooseberries and all varieties of currants yield in abundance. As a reader of your valuable paper for a number of years, I feel that I should inform you of the progress and advancement being made in Canada within the past few years, and the inducements and advantages that will follow settlement in Western Canada. Those who desire information can do as I did, and apply to any Agent of the Canadian Government, whose name I see appears in advertisements appearing elsewhere in the columns of your paper, and when writing ask particularly about the Saskatchewan Valley or Assinibola Districts.

Yours truly,
Old Reader."

Terrible Indeed.

The inhabitants of Bischofsburg, in Prussia, had never seen a ballet until recently when a traveling company introduced one. As soon as the dancers appeared on the stage all the women in the audience left the house.

Lane's Family Medicine

Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25 and 50c.

Wise men of ancient times were probably no wiser than other men, but they talked less.

Indigestion is a bad companion. Get rid of it by chewing a bar of Adams' Peppermint Tablets after each meal.

Do Your Feet Ache and Burn?

Shake into your shoes, Allen's Foot-Ease, a powder for the feet. It makes tight or New Shoes feel Easy. Cures Corns, Bunions, Swollen, Hot and Sweating Feet. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address Allen S. Olmsted, LeRoy, N.Y.

'Tis a very fine thing to be father-in-law.

To a very magnificent three-tailed bashaw.

Coarse wit is not keen because it falls on dull ears.

WOMEN MUST SLEEP.

Avoid Nervous Prostration.

If you are dangerously sick what is the first duty of your physician? He quiets the nervous system, he deadens the pain, and you sleep well. Friends ask, "what is the cause?" and the answer comes in pitying tones, nervous prostration. It came upon you so quietly in the beginning, that you were not alarmed, and when sleep deserted you night after night until your eyes fairly burned in the darkness, then you tossed in nervous agony praying for sleep.



Mrs. A. Hartley.

You ought to have known that when you ceased to be regular in your courses, and you grew irritable without cause, that there was serious trouble somewhere.

You ought to know that indigestion, exhaustion, womb displacements, fainting, dizziness, headache, and backache send the nerves wild with affliction, and you cannot sleep.

Mrs. Hartley, of 231 W. Congress St., Chicago, Ill., whose portrait we publish, suffered all these agonies, and was entirely cured by Lydia E. Pinkham's Vegetable Compound; her case should be a warning to others, and her cure carry conviction to the minds of every suffering woman of the unfailing efficiency of Lydia E. Pinkham's Vegetable Compound.

Below the Ocean Level.

The most continental region on the globe—farthest removed from an ocean—lies in central Asia, south of Tsien-Shan. It lies below the level of the ocean, and the Russian government has established a meteorological station there.

In the Spring, take Garfield Tea. This wonderful Herb Medicine purifies the blood and gives new and vigorous life to systems depleted by the trying winter season.

Sampson of Bible fame lost his strength because he confided to Delilah that it was in his hair; Sampson of Santiago Hay infamy lost his because he wrote a letter. In the first case scissors caused the downfall; in the last case a pen did the job.

Don't Do Unnecessary Work

Use the great labor-saver, Maple City Self Washing Soap. All grocers sell it.

A Keen Retort.

Cardinal Manning's keen wit was often used to drive home a moral warning. "What are you going to do in life?" he asked a flippant undergraduate at Oxford. "Oh, I'm going to take Holy Orders," was the airy reply. "Take care you get them, my son."

An Important Personage.

"Did you ever hear of St. Dunstan?" asked the man who was chewing his lead pencil. "St. Dunstan?" answered the friend. "Certainly. What was there so remarkable about him?" "What was there remarkable about St. Dunstan? Why, great Scott, man, don't you know that his name is the only thing in the English language that furnishes a rhyme for 'Funston'?"

Don't Injure Your Health

by scrubbing clothes all day. Use Maple City Self Washing Soap and make washing day easy. All grocers.

Sheep and Water.

"Do sheep drink?" is the question with which the Westminster Gazette has started the British ally season. It has aroused a bitter controversy, some writers standing up for the Psalmist's and Wordsworth's observations, while others try to prove that they know nothing about sheep.—New York Sun.

Coca Cough Balsam

Is the oldest and best. It will break up a cold quicker than anything else. It is always reliable. Try it.

Better than Diamonds.

In Germany crystals of silicon-carbide, called carborundum, which are practically as hard as the diamond, are employed instead of small diamonds for ruling fine lines on graduated scales. It is said that they produce lines more evenly drawn than those made by diamonds.

Are You Using Allen's Foot-Ease?

It is the only cure for Swollen, Smarting, Burning, Sweating Feet, Corns and Bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address, Allen S. Olmsted, LeRoy, N. Y.

A Remarkable Village.

In New Guinea, the village of Tupusei is most remarkable. The houses are all supported on spiles and stand out in the ocean a considerable distance from shore. This is to protect the villagers from the attacks of the dreaded head-hunters always looking out for victims. Other villages in this queer land are perched up in trees for the same reason.

Coughing Leads to Consumption.

Kemp's Balsam will stop the cough at once. Go to your druggist to-day and get a sample bottle free. Sold in 35 and 50 cent bottles. Go at once; delays are dangerous.

Heat and Human Beings.

The human system can endure heat of 212 degrees, the boiling point of water, because the skin is a bad conductor, and because the perspiration cools the body. Men have withstood without injury a heat of 300 degrees for several minutes.

We thank you for trying Wizard Oil for rheumatism or neuralgia, then you will thank us. Ask your druggist.

Exposure: "Where are you rushing so fast?" "Up to the health office to get vaccinated." "Eh? Been exposed?" "Yep. Telephone girl this morning gave me the pest-house number by mistake!"

Thirty minutes is all the time required to dye with PUTNAM FADE-LESS DYES.

The multiplication table has no legs, but it gets there just the same.

Colorado's Treasurer.

The salary of the state treasurer of Colorado is \$6,000 a year and he enjoys the distinction, which treasurers don't usually get, of having a higher salary than the governor, the governor's salary in Colorado being \$5,000 a year.

If You Have Rheumatism

Send no money, but write Dr. Shoop, Racine, Wis., box 141, for six bottles of Dr. Shoop's Rheumatic Cure, express paid. If cured pay \$6.30; if not it is free.

He wrote a quatrain on her eyebrow, A sonnet on her throat, And her father put a foot print On the fag-end of his coat.

Now that the winter season is past, it is well to cleanse the system and purify the blood with Garfield Tea—an Herb Medicine good for all.

In some cases, before marriage, love ascends the hilltop by a gradual incline; then alps down the toboggan on the other side.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, slays pain, cures wind colic. See a bottle.

Vest: You're in hard luck, Trainers! Trousers: A little bagged, forsooth, friend Vest, but gadzooks, my name is not yet pants!

The Best Laundry Soap.

is Maple City Self Washing Soap. Just try it and see. All grocers sell it.

Ambiguous: "My novel is on sale at last," exclaimed young Penner; "did you know it?" "Yes, indeed," replied the old curmudgeon, "and I assure you I lose no time in reading it."

Only One.

"I have only one request to make my dear," said Mr. Spiffins, who woke up and found his wife searching his pockets. "Well, what is it?" "Kindly leave me a nickel with which to pay my carfare into the city in the morning."—Pittsburgh Chronicle-Telegraph.

TO CURE A COLD IN ONE DAY.

Take LAXATIVE BROMO QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. Grove's signature is on the box. 35c.

"This," said the President, as he affixed his signature to the army appropriation bill, "is where I perform the Warwick act and make an emperor."

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 322 Third Ave., N. Y. Minneapolis, Minn., Jan. 6, 1900.

Mrs. Bridie (soliloquizing from scrap basket): I wonder what George threw this away for? Oh! I see; it has clothes on.

I CURE FITS

FREE
A Full-Sized \$1 Treatment of Dr. O. Phelps Brown's Great Remedy for Fits, Epilepsy and all Nervous Diseases. Address O. PHELPS BROWN, 25 Broadway, Newburgh, N. Y.

Dr. Bull's COUGH SYRUP

Cures a Cough or Cold at once. Conquers Croup, Whooping-Cough, Bronchitis, Croup and Consumption. Quick, sure results. Dr. Bull's Pitts cure Constipation. 50 pills 10c.

UNDER THE SNOW.

Ghastly Truths Revealed on the Disappearance of Winter's White Mantle.

Deadly dangers lurk in the ground left bare by the departing snow. All winter long there have been accumulating deadly disease germs.

These have been protected and kept alive by the covering of snow and now, with the first warm days, these death-bringing microbes are awakened by the rays of the sun, and as the ground dries they are carried to all corners of the community in the dust that is blown everywhere by the spring winds.

The human body at this time is particularly susceptible to these germs, especially the germs of fevers. The system has been depleted by the foregoing winter. The blood is sluggish and filled with impurities. The nerves have not recovered from the tension they have been under for the past months. The stomach, the bowels, the kidneys, the liver are all at their worst.

It is therefore, not strange that these germs of disease find fertile ground in which to thrive, flourish and develop into deadly ills.

Spring is the time of year when one should fear an attack of fever, especially when the system is depleted, one should dread any severe illness. The vitality is at a low ebb. There is less power of resistance to throw off disease, and it is on this account that fatalities are so much greater during the spring months than at any other time of the year.

There is but one way to ward off such dangers, and that is to fortify the

human body so that it will become impregnable to the germs of invading disease.

To do this take Dr. Greene's Nervura blood and nerve remedy. It will build you up quickly; it will re-establish your waning appetite, it will give you restful nights of sleep, it will give vim and vigor to the nerves, and it will dispel all existing poisons that have accumulated in the body besides counteracting the effects of others that may accumulate.

Following is an instance that will illustrate the wonderful power of Dr. Greene's Nervura blood and nerve remedy.

Sheriff Jonas T. Stevens, who is sheriff of Hyde Park, Vt., says:—"I have used Dr. Greene's Nervura blood and nerve remedy especially as a blood purifier. I had a very severe humor on my arms, accompanied by a very bad itching, so severe that I could not sleep nights, causing me great inconvenience by the loss of sleep by the itching. A friend advised me to take Dr. Greene's Nervura blood and nerve remedy, which I did with the most satisfactory results, for the trouble has entirely disappeared, and I can now rest comfortably nights and have none of my former misery from the burning, itching sensations."

Remember Dr. Greene's advice will be given to any one desiring same absolutely free if they will write or call upon him at his office, 35 W. 14th St., New York City.

Bowels Don't Move?

Caused by over-work! Over-eating! Over-drinking! No part of the human body receives more ill treatment than the bowels. Load after load is imposed until the intestines become clogged, refuse to act, worn out. Then you must assist nature. Do it, and see how easily you will be cured by CASCARETS Candy Cathartic. Not a mass of violent mercurial and mineral poison, but a pure vegetable compound that acts directly upon the diseased and worn out intestinal canal, making it strong, and gently stimulating the liver and kidneys; a candy tablet, pleasant to eat, easy and delightful in action. Don't accept a substitute for CASCARETS.

BEST FOR BOWELS AND LIVER.

THEY WORK WHILE YOU SLEEP

THE TABLET

GUARANTEED TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of merit, worth, and our best testimonials. We have faith, and will sell CASCARETS absolutely guaranteed to cure or money refunded. Go buy today, two 40c boxes, give them a fair, honest trial, no per-emptory directions, and if you are not satisfied after using one 40c box, return the unused 40c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start today. Health will quickly follow and you will bless the day you first started the use of CASCARETS. Stock free by mail. Add: STEWART KERRY CO., New York or Chicago.

QUARANTEED TO CURE: all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, yellow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS today, for you will never get well and be well all the time until you put your bowels right. Take our advice! Start with CASCARETS today, under an absolute guarantee to cure or money refunded.

THIS IS



THE TABLET

10c.

25c. 50c.

NEVER SOLD IN BULK.

DRUGGISTS